



bringing balance into our lives

THE ENNEAGRAM'S INSTINCTUAL SUBTYPES

WITH CERTIFIED ENNEAGRAM TEACHER
SANDRA SMITH, M.Div.

Saturday, January 9, 2010
9 am - 4:00 pm

ASHEVILLE LOCATION TO BE ANNOUNCED



Sandra Smith, M.Div., teaches the Enneagram throughout the southeast as a tool for personal, professional and spiritual growth. She uses the Enneagram as a map in staff communication and managerial styles for businesses, non-profit organizations, and faith communities. Sandra has created and led beginning and advanced Enneagram classes, pairing the Enneagram with the spiritual journey since 2002. She facilitates type groups and offers individual sessions as an Enneagram consultant and spiritual companion.

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This workshop will offer information about the subtype's role that will deepen our knowledge of the Enneagram. Participants will explore the instinctual energies of self-preservation, social, and one-to-one and discuss strategies for balancing these three. Channeled through the compulsions of our personality type, these energies become subtypes that give the personality a particular look. Thus, two people who share the same Enneagram type may behave differently. We'll discuss the high and low side of each subtype and how it looks in real life. Understanding our subtype enables us to better understand what motivates us within the context of our Enneagram type. Managing our subtype energy is key to our personal growth and balancing our lives. Additionally, the subtypes play key roles in intimate relationships. Realizing these roles allows for more ease with our intimate others.

Cost: \$80 (before January 1) or \$90 (after January 1) includes workshop materials and snacks. Lunch is on your own. Make check payable to Sandra Smith and mail to address below. For more information contact Sandra at 828-684-2339 or sandraCsmith@charter.net.

REGISTRATION FORM

Name _____

Phone _____ Email _____ Enneagram type _____

Need typing discernment session _____ (\$65) "Deeper work with your type" session _____ (\$80)

Call 684-2339 to set a time for session.

TOTAL AMOUNT: \$ _____

Make check payable to Sandra Smith and mail to PO Box 1419, Skyland, NC 28776