



THE ENLIGHTENED
SPIRITUAL PERSPECTIVES AND
HOLY VIRTUES OF THE
NINE ENNEAGRAM TYPES

HELD AT
156 E. CHESTNUT STREET
ASHEVILLE, NC 28801

WITH CERTIFIED ENNEAGRAM TEACHER
SANDRA SMITH, M.Div.

September 30, 2017
Saturday, 9:00 am-3:00 pm



Facilitator Sandra Smith, M.Div., teaches the Enneagram throughout North America as a tool for personal, professional and spiritual growth. She certified in the Narrative Tradition and mentors candidates certifying to teach. In addition to corporate and nonprofit staff retreats and team building, she offers individual sessions as an Enneagram consultant and spiritual companion. Weaving her business and theology backgrounds, Sandra uses the Enneagram map to deepen self and other awareness.

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The Enneagram Personality System will guide us as we explore nine personality types and related paths for spiritual transformation. We read and hear a great deal about the psychological traits of the types, but the spiritual dimension of the Enneagram, it's "Holy Ideas" and Holy Virtues," is less discussed.

As we know, each of the nine personality types has specific fears that bind us and filters that blind us to the abundance and loving nature of reality. Automatic responses replace mindfulness and how we perceive reality through the lens of our type diminishes our experience of the sacredness of life.

This day retreat combines poetry, small group discussion, body awareness and inquiry as participants practice presence and receptive posture. Spiritual experience occurs when we allow ourselves to relax into the wholeness that we are and *receive* reality as it is. From this place, our virtues arise and serve as gateway for our Enlightened Spiritual Perspective (Holy Idea).

The cost of \$100 includes workshop materials, snacks and drinks. Please bring a brown bag lunch. Make checks payable to AlchemyWorks and mail to the address below.

For details or to register for this event, contact Sandra at 828-684-2339 or email at sandraCsmith@charter.net. You can learn more about Sandra's work at her website: AlchemyWorksEvents.com.

REGISTRATION FORM DUE BY SEPTEMBER 18, 2017

Name(s) _____

Phone _____ Email _____ Enneagram type _____

Individual session _____ (*deepening understanding of personality type, \$90*)

Total Enclosed: \$ _____

Mail form & check to Sandra Smith, PO Box 1419, Skyland, NC 28776