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## Enneagram Type Eight Leadership Group



**March 27, April 3, 10, 17 2017**

**Monday mornings, 8:15-9:45**

**Mission Marketing Department**  
(890 Hendersonville Road)

facilitated by  
**Sandra Smith**

**Certified Enneagram Consultant & Teacher**

**Cost: \$185**

(Check payable to AlchemyWorks and due by February 15.  
Mail to Sandra Smith, PO Box 1419, Skyland, NC 28776)

As leaders in your field and daily decision-makers, knowing yourself is crucial in order to work and lead effectively. This four session series is designed as a safe space for Type Eight Leaders to share their successes and challenges in leadership roles as well as to gain practical tools and strategies for cultivating self-awareness and self-regulation in order to move beyond the limiting patterns of the type structure. The Enneagram is a unique map of our internal operations that rely on cognitive-emotional constructs and patterns of attention. Our type is complex and fascinating and the more we know about what makes us tick, the more choice we have.

*Objectives for this course are (and not limited to)*

- Developing greater awareness of the Type Eight projections in order to see and hear reality as it is
- Understanding Type Eight internal narratives that limit leadership and committing to shifting one of those stories
- Expanding the placement of attention to allow space for pausing in order to decide and act with more thoughtfulness
- Exploring and understanding images of conflict and creating strategies for engaging difficult conversations with compassion
- Developing greater awareness about delegating and supporting each other in creating specific goals for delegating tasks to reduce the sense of overwhelm
- Cultivating ways to practice patience and slower pace as a way of demonstrating strength
- Understanding the communication style of Type Eight, accepting the gifts and working with the challenges

**Waiting is a powerful act when done with presence.**