

THE ENNEAGRAM DEEPENING SELF-AWARENESS

WITH CERTIFIED ENNEAGRAM TEACHER

SANDRA SMITH, MDIV

Friday, February 22, 2019

9:00 am-4:00 pm



FACILITATOR

Sandra Smith, MDiv, teaches the Enneagram throughout the North America as a tool for personal and professional growth. She uses the Enneagram as a map in staff communication and managerial styles for businesses, non-profit organizations, and faith communities. She offers individual sessions in Spiritual Direction as well as honing leadership skills.

Learn more about her work at AlchemyWorksEvents.com.

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LOCATION:
CHURCH HEALTH
1350 CONCOURSE AVENUE
MEMPHIS, TN 38104

The Enneagram (“ennea” is Greek for nine) is a clear map revealing nine distinct personality styles, the connections between them, and the direction for individual growth and transformation. The uniqueness of this personality system lies in its ability to clearly identify motivations beneath behaviors. It brings to consciousness “why we do what we do” and brings awareness to where our minds focus when we live life on automatic. As we deepen our self-awareness, we become less reactive, more curious and compassionate. Understanding the nine different filters and motivations allows us to be more patient with differing points of view, cultivate more curiosity and lessen our judging.

When we know more fully what makes us tick and how we unconsciously limit ourselves, we can move out of our own way and become more fully ourselves as well as more aware of our impact on others.

During this workshop, participants will learn:

- **attentional patterns and world views of the nine types**
- **gifts and inner resources of each personality type**
- **the three centers of intelligence**
- **strategies for loosening automatic patterns**

We’ll engage dyad inquiry, small group discussion, and panels of the types to deepen our learning experience.

Please arrive by 8:45 am so we may begin promptly at 9:00 am.

Cost: \$95 before February 14 and \$125 after February 14. Cost includes workshop materials and a light lunch. **Online registration at <https://introenneagram.eventbrite.com>**

For those who want to attend both Friday and Saturday workshops, the discounted cost is \$200 if paid by February 14; \$220 after that date.

Participants need not know their type before the Friday workshop. Certificates of Attendance are available on request for those needing contact hours.