



# SEVEN INDICATORS THAT YOU ARE EFFECTIVELY USING THE ENNEAGRAM FOR PERSONAL & SPIRITUAL GROWTH

LOCATION

TRINITY EPISCOPAL CHURCH  
NEW ORLEANS 70130  
PARISH HOUSE

WITH CERTIFIED ENNEAGRAM TEACHER  
SANDRA SMITH, MDIV

THURSDAY JANUARY 10, 2019  
1:00-5:30 PM



**Sandra Smith, MDIV,** teaches the Enneagram throughout North America as a tool for personal, professional and spiritual growth. She is a certified IEA professional, certified Narrative Tradition teacher and mentors candidates certifying to teach. In addition to corporate and nonprofit staff retreats, she offers individual sessions as an Enneagram consultant and spiritual companion. Weaving backgrounds in business and theology, Sandra uses the Enneagram map to deepen capacity for compassionate participation in life.

**T**here is a difference between learning and growing. The Enneagram System is a fascinating map of our internal processing system, our character structure complete with its preferences and patterns. We love exploring this system, learning our type and its complexities, our type's resource points and the instinctual subtypes. Learning and deepening our self-understanding is never ending.

Then what? Has my learning made a difference in my life? Because I know my type and the ways it binds and blinds me, how do I use it to expand my perspective and to shift unwanted behaviors? How have I grown personally and spiritually through understanding the intricacies of my Enneagram type?

This workshop offers seven indicators to use for gauging growth work and offers space for creating strategies for real change. Self-reflection and group discussion will focus on specifics of our Enneagram type such as our defense mechanism, our world view, idealized self, filters and blind spots. Moving from contraction to expansion and from self judgement to acceptance are real markers that we're on the path, deepening capacity for receiving and giving love.

This workshop is for those with a working knowledge of the Enneagram.  
**Cost: \$95 before January 4 and \$125 after January 4. You may register online at <https://www.trinitynola.com/2019-enneagram-workshops>.**  
*Certificates of Attendance available on request.* **Direct questions about this workshop** to Sandra Smith at 828-808-5820 or sandracsmith@charter.net. Learn more about her at **AlchemyWorksEvents.com**.

-----  
*REGISTRATION FORM*

Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Enneagram type \_\_\_\_\_

\_\_\_\_\_ *Yes, I want a certificate of attendance!*

Total Enclosed: \$ \_\_\_\_\_

**Make check payable to Trinity Episcopal and mail with this form to Maria Elliott, Trinity Episcopal Church, 1329 Jackson Ave., New Orleans 70130**