



# THE ENNEAGRAM

AN IN-DEPTH EXPLORATION THROUGH  
A NINE PANELS WORKSHOP

TRINITY EPISCOPAL CHURCH,  
NEW ORLEANS

WITH CERTIFIED ENNEAGRAM TEACHER  
**SANDRA SMITH, M.Div**

**January 11 & 12, 2019**

*Friday, 1:30-6:00 pm*

*Saturday, 9:00 am-5:00 pm*



**T**he Enneagram (“ennea” is Greek for nine) is a clear map revealing nine distinct personality styles, the connections between them, and the direction for individual growth and transformation. The uniqueness of this personality system lies in its ability to clearly identify motivations beneath behaviors. It brings to consciousness “why we do what we do” and brings awareness to where our minds focus when we live life on automatic. As we deepen our self-awareness, we become less reactive, more curious and compassionate. Understanding the nine different filters and motivations allows us to be more patient with differing points of view, cultivate more curiosity and lessen our judging.

When we know more fully what makes us tick and how we unconsciously limit ourselves, we can move out of our own way and become more fully ourselves as well as more aware of our impact on others.

**During this workshop, participants will learn:**

- an overview of the Enneagram
- the fears, filters, motivations and gifts of each type
- the core driver that ignites reactivity
- challenges & barriers to growth for each type

The cost of \$175 (before January 4) includes workshop materials, snacks and Saturday lunch. After January 4 the cost is \$200. Register online at <https://www.trinitynola.com/2019-enneagram-workshops> .

*It is not necessary to know your type before the workshop.*

**Sandra Smith, MDiv**, teaches the Enneagram throughout North America as a tool for personal and professional growth. She uses the Enneagram as a map in staff communication and managerial styles for businesses, non-profit organizations, and faith communities. She offers individual sessions in Spiritual Direction as well as honing leadership skills. Learn more about her work at [AlchemyWorksEvents.com](http://AlchemyWorksEvents.com).

SPONSORED BY

**TRINITY EPISCOPAL CHURCH**  
For more information call  
**Maria Elliott at**  
**504- 670-2535 or**  
**melliott@trinitynola.com**

**REGISTRATION FORM DUE TO TRINITY BY JANUARY 4, 2019**

Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Enneagram type? \_\_\_\_\_ Want individual session \_\_\_\_\_ (\$70) Total Payment: \$ \_\_\_\_\_

*Make check payable to Trinity Episcopal and mail with this form to Maria Elliott, Trinity Episcopal Church, 1329 Jackson Ave., New Orleans 70130*