



SEVEN INDICATORS THAT YOU ARE EFFECTIVELY USING THE ENNEAGRAM FOR PERSONAL & SPIRITUAL GROWTH

WITH CERTIFIED ENNEAGRAM TEACHER
SANDRA SMITH, MDIV

SATURDAY FEBRUARY 23, 2019
9:00 AM -4:00 PM



LOCATION
CHURCH HEALTH
1350 CONCOURSE AVENUE
MEMPHIS, TN 38104

There is a difference between learning and growing. The Enneagram System is a fascinating map of our internal processing system, our character structure complete with its preferences and patterns. We love exploring this system, learning our type and its complexities, our type's resource points and the instinctual subtypes. Learning and deepening our self-understanding is never ending.

We know our type. Now what? Has my learning made a difference in my life? Because I know my type and the ways it binds and blinds me, how do I use it to expand my perspective and to shift unwanted behaviors? How have I grown personally and spiritually through understanding the intricacies of my Enneagram type?

This workshop offers seven indicators to use for gauging growth work and offers space for creating strategies for real change. Self-reflection and group discussion will focus on specifics of our Enneagram type such as our defense mechanism, our world view, idealized self, filters and blind spots. Moving from contraction to expansion and from self-judgment to acceptance are real markers that we're on the path toward wholeness and acceptance.

This workshop is for those with a working knowledge of the Enneagram.
Cost: \$125 before February 14 and \$150 after February 14. Cost includes workshop materials and Saturday lunch. Refunds available up to one week prior to the workshop. *Certificates of Attendance available on request.*
To register online go to <https://advenneagram.eventbrite.com>

Direct questions about the content of this workshop to Sandra Smith at 828-808-5820 or sandracsmith@charter.net.

Learn more about her work at AlchemyWorksEvents.com.

Sandra Smith, MDIV, teaches the Enneagram throughout North America as a tool for personal, professional and spiritual growth. She is a certified IEA professional, certified Narrative Tradition teacher and mentors candidates certifying to teach. In addition to corporate and nonprofit staff retreats, she offers individual sessions as an Enneagram consultant and spiritual companion. Weaving backgrounds in business and theology, Sandra uses the Enneagram map to deepen capacity for compassionate participation in life.

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