January 16 & 17 is open to all & includes Panels of the Nine types

DEEPENING SELF and OTHER AWARENESS THROUGH THE

TUESDAY, JANUARY 16, 1:30-6:00 PM WEDNESDAY, JANUARY 17, 9 AM-4:00 PM

CENTRAL TIME ZONE

Both Facilitators are Spiritual Directors, Narrative Certified Enneagram teachers and Internationally Accredited Professionals.



SANDRA SMITH For 23 years Sandra has taught the Enneagram as a tool for personal and spiritual development. She cohosts the podcast, Heart of the Enneagram and co-authored its companion book. Her MDiv is from Candler School of Theology. She is a spiritual director and certified community mediator.



ERLINA EDWARDS Erlina is currently the Executive Director for The Narrative Enneagram and is a licensed interfaith minister, with Spiritual Director accreditation from the Phoenix Center for Spiritual Direction. She is a certified IDEA consultant (Inclusion, Diversity, Equity, Anti-Racist).

PROFESSIONAL

This Retreat is sponsored by Memphis Theological Seminary and the Center for Faith and Imagination

he Enneagram is a powerful and intricate map revealing nine distinct perspectives and the driving forces behind our behaviors. It brings to consciousness "why we do what we do" and brings awareness to the automatic patterns of our type or ego structure. As we deepen our self-awareness, we become less reactive, more curious and compassionate. Understanding the nine different filters and motivations allows us to be more patient with differing points of view, cultivate more curiosity and lessen our judging. Using a narrative style of teaching and learning, the panels of the types offer a dynamic learning method that brings aliveness and heart to the workshop!

During this retreat, participants will learn

- the three centers of intelligence
- inherent strengths of the types
- each type's first placement of attention and the associated blind spots
- •learning personality/ego components and our Essence

While this workshop is an introduction to the Enneagram, it has much to offer to both beginning and knowledgeable participants. During our time, presentations, dyad exercises, self-reflection, and small group discussions will facilitate our learning process.

Cost is \$277.50 for tuition, lodging and meals for this retreat. Commuter cost is \$165 which includes Wednesday lunch. Use this link to register: HTTPS://FORMS.GLE/74UXVCZKCEBHT8E09

Payment is by check mailed to Pamela Addison, Memphis Theological Seminary, Center for Faith & Imagination, 168 E. Parkway South, Memphis, TN 38104. Make check payable to CFI (Center for Faith & Imagination) and write *Enneagram workshop* in the memo.

LOCATION FOR THIS RETREAT IS

St. Columba's Retreat Center 4577 BILLY MAHER ROAD, MEMPHIS TN 38135