



# USING THE ENNEAGRAM IN SPIRITUAL DIRECTION AND COUNSELING

**THURSDAY, JANUARY 18, 9:00-4:00 PM**  
**FRIDAY, JANUARY 19, 9:00 AM-12:00 PM**

CENTRAL TIME ZONE

**This Retreat is sponsored by Memphis Theological Seminary and the Center for Faith and Imagination**

The Enneagram, a psychospiritual model, maps the patterns and themes with which the ego structure limits us. It indicates where our minds focus when we live life on automatic. This system can be described as a set of keys that unlock the stuck places that may or may not be known to us. It names the fears that bind us and identifies filters of perception that close our eyes to the love and compassion present in each moment when we have eyes to see and ears to hear. Insights such these help with understanding the spiritual challenges a Directee or client may be facing. Understanding the nine different filters and motivations allows us the potential to pause and expand our view.

### During this retreat, participants will

- explore ways our own Enneagram type impacts relationships with clients and directees. Given our type, what do we tend to project onto others? How does our type shape our listening and our posture?
- learn critical questions to explore for each of the nine types and suggestions for spiritual practices for each type.
- observe Erlina and Sandra engaging in Spiritual Direction and using the Enneagram to deepen the engagement

Only Spiritual Directors, Counselors, Pastors, Therapists and those seeking THEMETS certificate in Spiritual Direction will be accepted to this retreat unless special permission is granted.

**Cost is \$277.50** for tuition, lodging and meals for this retreat. **Commuter cost is \$165** which includes Thursday lunch. **Use this link to register:**

[HTTPS://FORMS.GLE/PXPYVMYQF8vxAUM48](https://forms.gle/PXPYVMYQF8vxAUM48)

Payment is by check mailed to **Pamela Addison, Memphis Theological Seminary, Center for Faith & Imagination, 168 E. Parkway South, Memphis, TN 38104**. Make check payable to CFI (Center for Faith & Imagination) and write *Enneagram Spiritual Direction/Counselors/Therapists workshop* in the memo.

LOCATION FOR THIS RETREAT IS

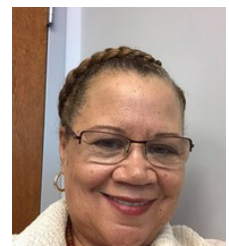
**ST. COLUMBA'S RETREAT CENTER**  
**4577 BILLY MAHER ROAD, MEMPHIS TN 38135**

**Both Facilitators** are Spiritual Directors, Narrative Certified Enneagram teachers and Internationally Accredited Professionals.



**SANDRA SMITH**

For 23 years **Sandra** has taught the Enneagram as a tool for personal and spiritual development. She co-hosts the podcast, *Heart of the Enneagram* and co-authored its companion book. Her MDiv is from Candler School of Theology. She is a spiritual director and certified community mediator.



**ERLINA EDWARDS**

**Erlina** is currently the Executive Director for The Narrative Enneagram and is a licensed interfaith minister, with Spiritual Director accreditation from the Phoenix Center for Spiritual Direction. She is a certified IDEA consultant (Inclusion, Diversity, Equity, Anti-Racist).

