

# Using the Enneagram to Claim More of Who We Are

## A LEARNING COMMUNITY OF WOMEN

*Discover entry points to see yourself more clearly and compassionately, to claim more of who you truly are*

We invite you to gather with diverse women of varied life circumstances, belief systems, races, sexual identities, ethnicities and cultures, physical abilities, and ages. During three, 3-hour Saturday sessions in April, we will use the **Enneagram as a mirror and map** to guide conversations that foster inner awareness and compassionate connection.

Through an Enneagram lens, you will explore the impact of **type perspective, motivation, and worldview** on one or two other aspects of your **identity**, like the dimensions noted above.

**Online • 3 Saturday Sessions**  
**April 9, 16 & 23**  
**8-11 PT • 9-12 MT • 10-1 CT • 11-2 ET**

## WHAT TO EXPECT

- Presence practices
- Type panels – interviewing and learning from women who share the same type, yet are diverse in other ways
- Discussion groups to process insights about type, using the Enneagram Map + a shared framework for aspects of identity
- Time for reflection and integration

## REGISTRATION & FEES

This is not an introductory course. To ensure a rich learning experience, we request that all participants have working knowledge of their Enneagram type.

<https://bit.ly/claimmore>

\$300

Please contact us if you need financial support or have questions. This is an inclusive offering in every way; we will work with you to ensure it is so.

*Click on one of the photos below to contact us.*



# Guided by



**Erlina Edwards** has a strong background in both business and spirituality. She is a former Senior VP of HR, and now, her work spans both worlds. She is driven by her commitment to developing human potential. Erlina earned her initial Enneagram certification through the Narrative Tradition, then delved into additional training, including becoming an International Enneagram Association Accredited Professional. She is a licensed interfaith minister, a graduate of The International Interfaith Seminary, holds a Spiritual Director accreditation from the Phoenix Center for Spiritual Direction, and is a certified IDEA consultant (Inclusion, Diversity, Equity, Anti-Racist). Erlina currently serves as President of The Narrative Enneagram Board, and she identifies as a BIPOC, cisgender woman.



**Cyndi Gueswel** is founder of Only to Grow, a coaching and consulting business focused on leadership development, collaboration, and contribution. Cyndi is a Certified Narrative Enneagram teacher and an Integrative Enneagram Accredited Practitioner. She has 30 years of experience designing and facilitating purposeful learning experiences, gatherings, and team development sessions. She's a white, cisgender woman from Colorado who's been in an abundant marriage for 27 years. Her muses are nature, poetry, music, and attunement to the body. She delights in *and* pushes her comfort zone by convening people to experience inclusion firsthand, through open-hearted practice and the sharing of stories.



**Sandra Smith**, MDiv, is a Certified Narrative Enneagram teacher and an International Enneagram Association Accredited Professional. For over 20 years, Sandra has taught the Enneagram as a tool for personal, professional and spiritual development. She teaches internationally and is a mentor/ supervisor for candidates seeking certification in the Narrative Enneagram. Sandra weaves her background in business, theology and nonprofit management to create a unique perspective to her public workshops, staff development and team building work, all offered through her business AlchemyWorks. Sandra also companions individuals in spiritual direction. Her life experiences as a female, identity as a lesbian, love for Earth, and commitment to equity and inclusion shape her teaching and form her entry point into dismantling patriarchal structures.